

Leeds Health & Wellbeing Board

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Report of: Chief Officer, Leeds North NHS CCG

Report to: Leeds Health and Wellbeing Board

Date: 4 February 2015

Subject: Leeds Mental Health Framework

Are there implications for equality and diversity and cohesion and integration?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Is the decision eligible for Call-In?	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Does the report contain confidential or exempt information? If relevant, Access to Information Procedure Rule number: Appendix number:	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No

Summary of main issues

The Mental Health Framework has identified 6 priorities.

- More people will have good mental health
- More people with mental health problems will recover
- More people with mental health problems will have good physical health
- More people will have a positive experience of care and support
- Fewer people will suffer avoidable harm
- Fewer people will experience stigma and discrimination

Local work to assess the issues which we need to address in the city to fulfil these ambitions has identified the following vision and 5 outcomes.

“Leeds is a city that values people’s mental wellbeing as equally as their physical health.

Our Ambition is for people to be confident that others will respond positively to their mental health needs without prejudice or discrimination and with a positive and hopeful approach to our future recovery, wellbeing and ability”.

Five outcomes:

- Focus on keeping people well – to build resilience and self-management

- Mental health and physical health services will be better integrated
- Mental health services will be transformed to be recovery and outcome focussed
- We will ensure high quality services
- Challenge Stigma and Discrimination

Recommendations

The Health and Wellbeing Board is asked to:

- Note the contents of the Mental Health Framework and the work of the Mental Health Partnership Board
- Consider the role of the Health and Wellbeing Board in further progressing the principles of parity of esteem between mental and physical health and delivery of the Mental Health Framework.

1 Purpose of this report

- 1.1 To update the Health and Wellbeing Board (HWBB) on the development of the Mental Health Framework which sets out the ambition of the Mental Health Partnership Board.

2 Background information

- 2.1 Over the past 18 months the members of the Mental Health Partnership Board, including Leeds Involving People who support service user involvement in both the meetings and the development and enquiry work of the Partnership Board, have worked together as a network of service users, statutory and third sector providers and commissioners to establish a shared ambition and plan for development of mental health services in the city.
- 2.2 The scope of the work is intended to align with the Joint Health and Wellbeing Strategy, the City Wide 5 Year Plan and the principles of parity of esteem.
- 2.3 A series of workshops have been undertaken over the past 4 months to develop a shared action plan to implement the Mental Health Framework involving a wide range of stakeholders. The final workshop is to take place on 27th January and the presentation of this paper to the Health and Wellbeing Board will include an outline of the key points of the action plan.

3 Main issues

- 3.1 The Mental Health Framework has identified 6 priorities.
 1. More people will have good mental health

2. More people with mental health problems will recover
3. More people with mental health problems will have good physical health
4. More people will have a positive experience of care and support
5. Fewer people will suffer avoidable harm
6. Fewer people will experience stigma and discrimination

3.2 Local work to assess the issues which we need to address in the city to fulfil these ambitions has identified the following vision and 5 outcomes.

3.3 “Leeds is a city that values people’s mental wellbeing as equally as their physical health.

3.4 Our Ambition is for people to be confident that others will respond positively to their mental health needs without prejudice or discrimination and with a positive and hopeful approach to our future recovery, wellbeing and ability”.

3.5 Five outcomes:

1. Focus on keeping people well – to build resilience and self-management
2. Mental health and physical health services will be better integrated
3. Mental health services will be transformed to be recovery and outcome focussed
4. We will ensure high quality services
5. Challenge Stigma and Discrimination

4 Health and Wellbeing Board Governance

4.1 Consultation and Engagement

4.1.1 The development of both the Mental Health Framework and the associated action plan has been grounded in the engagement of the service users through Leeds Involving People who have provided support to service users to attend and participate alongside commissioners and providers, but also to raise specific areas, and undertake both requested and autonomous engagement activities. This has highlighted specific areas of focus for both the framework and action plan.

4.2 Equality and Diversity / Cohesion and Integration

4.2.1 As noted above, one of the intentions of this framework is to address issues of parity of esteem between the treatment of mental and physical health issues, along with other issues of equality of outcome and access to wider life opportunities as detailed within the framework.

4.3 Resources and value for money

4.3.1 The intent of the framework is to develop systems and services which are as effective as possible to ensure value for money through impact and outcome both within Mental Health services and across other public and third sector services.

4.4 Legal Implications, Access to Information and Call In

4.4.1 There are no direct legal implications or access to information issues for this work

4.5 Risk Management

4.5.1 Risks within the action plan will be managed through the Leeds North CCG risk management processes.

5 Conclusions

5.1 Whilst services in Leeds provide a good standard of care to service users in the City, there is much more which can be done to improve the approaches and structures and enable service users to recover and rely less on services, achieving greater autonomy in their lives.

6 Recommendations

6.1 The Health and Wellbeing Board is asked to:

- Note the contents of the Mental Health Framework and the work of the Mental Health Partnership Board
- Consider the role of the Health and Wellbeing Board in further progressing the principles of parity of esteem between mental and physical health and delivery of the Mental Health Framework.